

I am the body of Christ and Satan hath no power over me. For I overcome evil with good (1 Corinthians 12:27; Romans 12:21).

I am of God and have overcome him (Satan). For greater is He that is in me, than he that is in the world (1 John 4:4).

I Will fear no evil for thou art with me Lord, your Word and your Spirit they comfort me (Psalms 23:4).

I am far from oppression, and fear does not come nigh me (Isaiah 54:14).

No weapon formed against me shall prosper, for my righteousness is of the Lord. But whatever I do will prosper for I'm like a tree that's planted by the rivers of water (Isaiah 54:17; Psalms 1:3).

I am delivered from the evils of this present world for it is the will of God. (Galatians 1:4).

No evil will befall me neither shall any plague come nigh my dwelling. For the Lord has given His angels charge over me and they keep me in all my ways, and in my pathway is life and there is no death (Psalms 91:10-11; Proverbs 12:28).

I am a doer of the Word of God and am blessed in my deeds. I am happy in those things which I do because I am a doer of the Word of God (James 1:22).

I take the shield of faith and I quench every fiery dart that the wicked one brings against me (Ephesians 6:16).

Christ has redeemed me from the curse of the law. Therefore, I forbid any sickness or disease to come upon this body. Every disease germ and every virus that touches this body dies instantly in the name of Jesus. Every organ and every tissue of this body functions in the perfection to which God created it to function, and I forbid any malfunction in this body, in the name of Jesus (Galatians 3:13; Romans 8:11; Genesis 1:31; Matthew 16:19)

I am an overcomer and I overcome by the blood of the Lamb and the word of my testimony (Revelation 12:11).

I am submitted to God and the devil flees from me because I resist him in the name of Jesus (James 4:7).

The Word of God is forever settled in heaven. Therefore, I establish His Word upon this earth (Psalms 119:89).

Great is the peace of my children for they are taught of the Lord (Isaiah 54:13).

### **If Overweight, Take Before Meals Three Times A Day**

I don't desire to eat so much I become overweight. I present my body to God, my body is the temple of the Holy Ghost, which dwelleth in me. I am not my own, I am bought with a price therefore, in the name of Jesus I refuse to overeat. Body settle down, in the name of Jesus and conform to the Word of God. I mortify the desires of this body and command it to come into line with the Word of God (Romans 12:1; 1 Corinthians 6:19).

### **For Material Needs Confess These Three Times a Day Until They're Manifest**

Christ has redeemed me from the curse of the law. Christ has redeemed me from poverty, Christ has redeemed me from sickness, Christ has redeemed me from spiritual death (Galatians 3:13; Deuteronomy 28).

For poverty He has given me wealth, for sickness He has given me health, for death He has given me eternal life (2 Corinthians 8:9; Isaiah 53:5-6; John 10:10; John 5:24).

It is true unto me according to the Word of God (Psalms 119:25).

I delight myself in the Lord and He gives me the desires of my heart (Psalms 37:4).

I have given and it is given unto me good measure, pressed down, shaken together, running over, men give unto my bosom (Luke 6:38).

With what measure I mete, it is measured unto me. I sow bountifully, therefore I reap bountifully. I give cheerfully, and My God has made all grace abound toward me and I have all sufficiency of all things—do abound to all good works (2 Corinthians 9:6-8).

There is no lack for my God supplieth all of my need according to His riches in glory by Christ Jesus (Philippians 4:19).

The Lord is my shepherd and I DO NOT WANT. Jesus was made poor, that I through His poverty might have abundance. For He came that I might have life and have it more abundantly (Psalms 23:1; 2 Corinthians 8:9; John 10:10).

And I, having received abundance of grace and the gift of righteousness do reign as a king in life by Jesus Christ (Romans 5:17).

The Lord has pleasure in the prosperity of His servant, and Abraham's blessings are mine (Psalms 35:27; Galatians 3:14).

### **For Wisdom and Guidance Confess These Three Times a Day Until it is Manifest**

The Spirit of truth abideth in me and teaches me all things, and He guides me into all truths. Therefore I confess I have perfect knowledge of every situation and every circumstance that I come up against. For I have the wisdom of God (John 16:13; James 1:5).

I trust in the Lord with all my heart, and I lean not unto my own understanding (Proverbs 3:5).

In all my ways I acknowledge Him and He directs my path (Proverbs 3:6).

The Lord will perfect that which concerneth me (Psalms 138:8).

I let the Word of Christ dwell in me richly in all wisdom (Colossians 3:16).

I do follow the Good Shepherd and I know His voice and the voice of a stranger I will not follow (John 10:4-5).

Jesus is made unto me wisdom, righteousness, sanctification, and redemption. Therefore I confess I have the wisdom of God, and I am the righteousness of God in Christ Jesus (1 Corinthians 1:30; 2 Corinthians 5:21).

I am filled with the knowledge of the Lord's will in all wisdom and spiritual understanding (Colossians 1:9).

I am a new creation in Christ, I am His workmanship created in Christ Jesus. Therefore I have the mind of Christ and the wisdom of God is formed within me (2 Corinthians 5:17; Ephesians 2:10; 1 Corinthians 2:16).

I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of Him that created me (Colossians 3:10).

I receive the Spirit of wisdom and revelation in the knowledge of Him, the eyes of my understanding being enlightened. And I am not conformed to this world but am transformed by the renewing of my mind. My mind is renewed by the Word of God (Ephesians 1:17-18; Romans 12:2).

### **For Comfort and Strength Confess These as Often as Necessary**

I am increasing in the knowledge of God. I am strengthened with all might according to His glorious power (Colossians 1:10-11).

I am delivered from the power of darkness and I am translated into the kingdom of His dear Son (Colossians 1:13).

I am born of God and I have world overcoming faith residing on the inside of me. For greater is He that is in me, than he that is in the world (1 John 5:4-5; 1 John 4:4).

I will do all things through Christ which strengtheneth me (Philippians 4:13).

The joy of the Lord is my strength. The Lord is the strength of my life (Nehemiah 8:10; Psalms 27:1).

The peace of God which passeth all understanding keeps my heart and my mind through Christ Jesus. And things which are good, and pure, and perfect, and lovely, and of good report, I think on these things (Philippians 4:7-8).

I let no corrupt communication proceed out of my mouth, but that which is good to edifying, that it may minister grace to the hearer. I grieve not the Holy Spirit of God, whereby I'm sealed unto the day of redemption (Ephesians 4:29).

I speak the truth of the Word of God in love and I grow up into the Lord Jesus Christ in all things (Ephesians 4:15).

No man shall take me out of His hand for I have eternal life (John 10:29).

I let the peace of God rule in my heart and I refuse to worry about anything (Colossians 3:15).

I will not let the Word of God depart from before my eyes for it is life to me for I have found it and it is health and healing to all my flesh (Proverbs 4:21-22).

God is on my side. God is in me now, who can be against me? He has given unto me all things that pertain unto life and godliness. Therefore I am a partaker of His divine nature (2 Corinthians 6:16; John 10:10; 2 Peter 1:3-4; Romans 8:31).

I am a believer and these signs do follow me. In the name of Jesus I cast out demons, I speak with new tongues, I lay hands on the sick and they do recover (Mark 16:17-18).

Jesus gave me the authority to use His name. And that which I bind on earth is bound in heaven. And that which I loose on earth is loosed in heaven. Therefore in the name of the Lord Jesus Christ I bind the principalities, the powers, the rulers of the darkness of this world. I bind and cast down spiritual wickedness in high places and render them harmless and ineffective against me in the name of Jesus (Matthew 16:19; John 16:23-24; Ephesians 6:12).

I am complete in Him who is the head of all principality and power. For I am His workmanship, created in Christ Jesus unto good works which God has before ordained that I should walk therein (Colossians 2:10; Ephesians 2:10).